



CAPITAL CITY MISSION NEWS

A place to find help A place to find friendship

153 Chapel Street, Ottawa, ON K1N 1H5 Phone 613-241-2407

www.capitalcitymission.com

FALL 2009

Who will separate us from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Romans 8 v35, 38-39 NAS

How's the Mission doing in this time of recession?

Very often over the past 6 months people have asked me this question.

Over the past 10 years, from the founding days of Capital City Mission with great confidence I can say "Nothing separates Us from God's love".

No **who!** And No **what!** 9-11 didn't, elections didn't, weather didn't, and going forward it is our faith in a loving God who cares for each of the friends who visit CCM.

I'm Convinced That God's Love for Robert our 1st guest March 6th 2000 won't change.

As it won't change for every person, (On average 125 daily) that come in feeling separated from hope or love each day.

CCM is a place to counter those thoughts and feelings that say "God can't be real".

We face tribulation, famine, nakedness, distress, persecution, peril and sword,

We face life and death, angels and principalities, things and the lack of things,

We face powers and powerlessness.

How does Capital City Mission face the recession?

With the faith in God's word that He will provide every need.

The Lord has given Us faithful wells.

Wells that are consistent, and give living water.

By God's faithfulness and His love, from which, I'm convinced we cannot be separated.

God will take care of each need as He has for the past 10 years.

And in the history of all missions that help the poor see, God does love them, He loves Us!

Thank you for giving To the Lord, as you have given to your church or directly to CCM you have been a part of the convincing of those who don't believe that God Does LOVE, in spite of the temporary pain in life.

The Bible says "For the love of money is a root of all kinds of evil"

(1 Tim. 6:10) NAS.

It's quite a contrast from The Love of God that triumphs all evil,

The Love of God that cares so much that it goes out to convince the least of these that it's for Us.



OUR FIRST GUEST
March 6th 2000

-Timothy CCM Exec. Director

One day I was asked to go out and smile at someone to make their day. I am a friendly person, so I thought I would try.

I was at a fast food restaurant waiting to be served. I noticed behind me was a poor homeless man. As I looked down at the short man close to me, he was smiling. His bright blue eyes were full of God's light. As he searched for acceptance, he said "good day" as he counted the few cents he had. I held my tears as I stood there with him. The young lady at the counter asked him what he wanted. He said "coffee is all Miss", because that was all he could afford.

Then I really felt it, the compulsion was so great I almost reached out and embraced this blue eyed man. I smiled and asked the young lady behind the counter to give me an extra breakfast meal on a separate tray. Then I walked over to the table where this man was sitting. I put the tray on his table. He looked up at me with tears in his eyes and said "thank you". I leaned over and said "I did not do this for you, God is here working through me to give you hope". I knew at that time, only because of the Grace that I had been given, I was able to give.

That day showed me the pure light of God's sweet love. I know that we are human beings, and being part of God, share this need to heal people and be healed. In my own way I had touched that person.

One of the biggest lessons I would ever learn is UNCONDITIONAL ACCEPTANCE.

Much love and compassion is sent to every person to learn to,

LOVE PEOPLE AND USE THINGS,
NOT LOVE THINGS AND USE PEOPLE.

Many people will walk in and out of your life but only true friends will leave footprints in your heart. That is why working at Capital City Mission is great. The drop in centre is here to help people and be their friend.

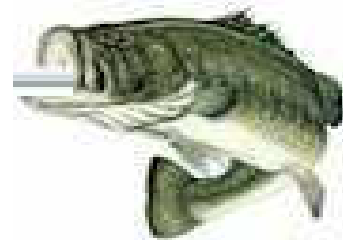
-Nick
CCM President



WHERE WE HAVE BEEN AND WHERE WE ARE GOING IN 2009.

The summer past was full of activities with our guests in spite of the rainy season; Wednesday "drop-out" was a success once again.

MINI GOLF



Many of our guests enjoyed a variety of activities offered on "drop-out" Wednesday's, movies, mini-putt, cycling, fishing and Bar-B-Q's.

CCM UPDATE

André arrived from Igloolik, 600 miles north of Iqaluit, to deal with life issues and further his education. He arrived at CCM a couple of months ago to offer his services twice a week helping around the building, we have been blessed by his quiet, friendly manner and willingness to do any chore we ask of him, from sweeping, mopping, cleaning the grounds or bagging food for Tuesday food bank. We appreciate all the help he and others selflessly provide to meet the needs of our Mission so we can better serve our guests. God bless them.

Pascal Takes care of our website (www.capitalcitymission.com).

Rick takes care of our van at Spofford's automotive.

Warren does Dishes 2 days a week and others help on other days.

Heartwood House and Beth Shalom take care of many of our on going building needs.

Donor's resources are faithful. Support monthly from Individuals, businesses, and Churches.

Weekly the Ottawa Food Bank gives us on average \$2000.00 worth of food.

CCM upcoming events

Thanksgiving luncheon
October 8th – 11:00 am-1:00 pm

Christmas dinner
December 2nd -11:00 am- 1:00 pm

“The Gathering”
Christmas Service
December 17th -6:30 pm- 9:00 pm

Christmas day “Desserts”
December 25th -12:00 pm- 2:00 pm

WINTER HOURS – WINTER NEEDS!

November 2009 - March 2010

Warm socks	Sweaters
Gloves, mitts	Coats, Jackets
Warm underwear	Sleeping bags
Back packs	Toiletries

WE REMEMBER!

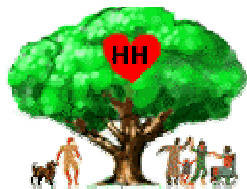
Guests-passed on.

Collette Laberge (Cécile)
Marco Chenard
Ken Desjardins

About Us

Capital City Mission (CCM) is a drop-in centre in downtown Ottawa that ministers to the inner city's poor and homeless. It is a centre where Christ's love can be expressed to people on their own terms. The goal of Capital City Mission is to meet both practical and spiritual needs in our community.

A Place To Find Help A Place To Find Friendship.



Heartwood House Up-coming events

OC TRANSPRO

Lost & Found - non-réclamés
153 Chapel St. – 613-241-5937



EVERYBODY WINS ELECTRONICS RECYCLING PROGRAM

Heartwood House is now an authorized collector of electronic waste for the Ontario Electronics Stewardship Program. Any age computers, televisions, fax machines, cell phones, laptops, printers and monitors can be dropped off at our location at no cost. A \$3 per item recycling fee is required for audiovisual equipment, calculators, cameras, telephones, calculators and scanners. Check out our website at www.heartwoodhouse.ca for further information.

OC TRANSPRO UNCLAIMED ITEMS SALE

The next Sale will be held on Saturday October 31st from 12p.m. to 2p.m. Don't miss the opportunity to purchase a wide variety of unclaimed items including jewelry, electronics, sports equipment, clothing and a huge assortment of miscellaneous items at bargain basement prices. A silent auction will be held for valuable items. For more information call 613-563-4011.

HEARTWOOD GALLERY

"Greens of the Experimental Farm" paintings by Jinny Slyfield are on display until September 30th. Viewing times are Monday to Thursday - 4p.m. to 6p.m. and Friday 2p.m. to 5p.m. or by appointment by calling Maureen at 613-241-5937.

NOTHING CAN SEPARATE US FROM GOD'S LOVE!

