



CAPITAL CITY MISSION NEWS

A place to find help A place to find friendship

153 Chapel Street, Ottawa, On K1N 1H5. Phone 613 241-2407

www.capitalcitymission.com

May 2007

Belonging then believing!

Well it happened again!

A friend passed away just a few days ago
She was a great lady. Caring, gentle and so polite.

For the past 7 years almost daily we greeted each other.

We Belonged.

Her challenges came and went and so did mine.

What we believed wasn't as important as the fact that we belonged.

Acceptance, Love and Hope was important.

Many days her mind had a hard time understanding reality.

If I'm honest so does mine.

But each time one of us in the community at CCM said "no you don't have to think that thought" or "your okay" She would have a relief from the fear, from the voices that told her she didn't belong.

Because we do belong.

Before believing, we belonged.

At Capital City Mission we see many come to believe that they do belong to God.

Some even come to recognize that they can believe **in** God.

Like my friend who went to see Him just days ago.

I think as Christians if we would walk our days on earth believing as Jesus did, believe that each person belongs. Created in His image, to have relationship for eternity with Him.

Maybe the temporal pains, yes even grieving will help us understand that people belong to God first. So how we treat those who are different than ourselves is how we treat what belongs to God.

Jesus called His disciples to belonging

What they thought was important is what they believed.

And **It** happened again what they believed was turned upside down.

So they could know!

"We Belong to God"!

-Rev. Timothy Meisenheimer

**25,000 guests are served annually at CCM
these are some guest sound bites.**

"The service is the greatest, certainly without contest." "high Power" to CCM."

-Angie

"CCM is great for getting out and meeting people, also getting help when needed.

It brightens up my day"

-Richard

"I like playing the computer games. Also the band SET FREE on Thursdays nights.

I enjoy Jason's messages.

-Ruby

SUMMER UPDATE

**Sunday service (The Source)
Every Sunday 3:00 p.m. at CCM**

**Joy Jam Festival for the Inner-City
MacDonald Gardens Park
July 21st 2007**

Summer Bar-B-Q's
June 11th 5:00 p.m. - 8:00 p.m.
August 9th 5:00 p.m. - 8:00 p.m.
MacDonald Gardens Park

Pictures from past Bar-B-Q's and Joy Jam in the park.



CLOWNS



MORE CLOWNS



STILL MORE CLOWNS



GAMES



FOOD



BALLONS



WORD OF GOD



MUSIC



MORE MUSIC

Bar-B-Q's-2007
MacDonald gardens park
June 11th 2007
August 9th 2007
5:00 P.M. to 8:00 P.M.
Joy Jam 4
July 21st 2007
1:00 P.M. to 8:00 P.M.

PARTNERS IN PRAYER

**Enter into His gates with thanksgiving,
and into His courts with praise.
Be thankful unto Him, and bless His
name.**

Psalm 100:4

At Capital City Mission, every day we have much to be thankful for. Join us in giving Him praise for all that He is doing in our midst.

Thank you Lord for:

- Thursday evening Gathering at CCM. Thank you for times of praise and encouragement and prayer.
- Sunday services at CCM, as our CCM community comes to worship and be discipled. Bless our worship leaders with love and wisdom to pour into this congregation.
- Daily provisions of shelter, food, servants, and mercy.
- A wonderful community relationship with our Heartwood House family.
- Opportunities to enjoy the tastes, and sounds of summer in Lower Town with our friends from CCM at our annual summer BBQ's.
- Long time CCM friend - Gary's opportunity to leave Ottawa and be with his Mother. Bless him with good community and influences Lord.
- CCM guest -Mark's new job. Bless him with longevity in this new place Lord as he desires to do well, and have consistent income.

**Be anxious for nothing, but in everything
by prayer and supplication,
with thanksgiving, let your requests be
made known to God;
and the peace of God, which surpasses all
understanding,
will guard your hearts and minds through
Christ Jesus.**

Philippians 4:6, 7

Lord we bring these requests before your throne, knowing "Your will" will be done in all things:

- Be with our CCM community, and the family of our dear friend Diane Yelle, as we mourn her passing.
- Guard our CCM guests from despair and discouragement, and use us to bring Light to the dark places.
- Bring physical and spiritual healing to the many who visit us. Some struggle with broken hearts from fractured families.
- Provide good jobs that will enable our guests to use the talents you have blessed them with.
- Breathe a fresh wind of inspiration into Roberto's artistic creativity, and show him where to find honesty and truth.
- Show us your will for this ministry as we seek Your face, and give us a spirit of joy.

**Please Note Our New
Mailing Address**

**153 Chapel Street
Ottawa, ON
K1N 1H5**

About Us

Capital City Mission (CCM) is a drop-in centre in downtown Ottawa that ministers to the inner city's poor and homeless. It is a centre where Christ's love can be expressed to people on their own terms. The goal of Capital City Mission is to meet both practical and spiritual needs in our community. With its current volunteers and staff, Capital City Mission offers services such as, computer workstations where people can work on resumes as well as learn important and marketable job skills. Counselling, networking help, visitations (street – home – hospital – prison), food bank, clothing bank and we offer help in finding affordable housing. We offer free coffee, lunch and snacks. We also offer an alternative to spending the day on the street.

Capital City Mission is a place to get a bite to eat, socialize, talk, read the newspaper, play cards or games on the computer, etc.

A Place To Find help A Place To Find Friendship.



When you no longer need your computer or monitor, bring it to Heartwood House at 153 Chapel Street for Re-Cycling.
everybodywins@heartwoodhouse.ca

Please See Insert!

Get Involved

There are many ways to get involved at Capital City Mission. Because our focus is on building community, the best way to get involved is to come and visit us when we are open. If you plan on joining us during our open hours, feel free to call us, our # is (613-241-2407) to let us know of your plans so that we can be prepared to welcome and show you around. Another way to get involved is to support us financially or with donation of goods. We believe that God calls all people to live in community. In community we discover that everyone has God given resources to meet each other's needs; the gifts of the individual become gifts to the whole group. As we discover and empower each other's gifts and acknowledge our own needs, we become stronger and more mature, both individually and communally. Because of this, we invite people to join the CCM community by entering into partnership with us.

